

## Presentation Skills 2 – Practice and Delivery

**Skills that this session will develop:**

### Communication - Presenting

**By the end of this session the mentee will be able to:**

- Demonstrate improved communication and research skills
- Deliver an engaging presentation

### Session Preparation:

*Presentation brief: In no more than five minutes, explain an idea or theory from one of your A-level subjects that inspire you. Only one presentation slide can be used.*

Mentee and mentor to watch a short video on presentation skills:

<https://www.youtube.com/watch?v=hl9kJuWEulo>

Mentee to prepare a short presentation in order to practise their skills with their mentor.  
Mentee can refer to 'Top tips' below in preparation for this.

### Session Plan:

*Mentor and mentee to discuss the video that they watched in preparation for this session.  
Did either of you learn anything you did not know before?*

*Ask the mentee to present their prepared presentation while the mentor times it. What was good about the presentation and how could the mentee improve?*

*The best way to become better at presentations is to practice. So after reviewing the first time, ask the mentee to present their presentation again.*

Elements to consider when presenting are **VISUAL**, **VOCAL** and **VERBAL**.

- **Visual** – appearance, standing position, body language, gestures, facial expression, eye contact, and visual aids.
- **Vocal** – volume, pace, tone, pausing, emphasis, pitch, rhythm, projection.
- **Verbal** – what you actually say (words, expressions), sentence length and structure, being concise, power talk, language that brings ideas to life, avoiding fillers.

Presentations can be divided into 3 sections – introduction, middle and the conclusion. Ensure your presentation has those 3 distinct sections.

### **Top tips**

- Practice your presentation to someone you know, beforehand or in front of a mirror and ensure it is the correct length of time that has been advised.
- Try calm your nerves by taking some deep breaths before you present.
- Show your passion and connect with your audience by being yourself.
- Focus on your audience's needs – you need to make it easy for your audience to understand and respond.
- Keep it simple – concentrate on your core message.
- Smile and make eye contact with your audience – build rapport which will help the audience to connect with you.
- Start strongly – the beginning of your presentation is crucial, you need to grab your audience's attention and hold it.
- Tell stories – bring the examples you are using to life through stories.
- Use your body language and voice effectively – three quarters of communication are non-verbal so make sure you have positive and engaging body language.
- Don't let your visual images detract from what you are saying, they need to compliment your presentation. Your slides should not have too much writing or be distracting for the audience.
- Relax, breathe and enjoy your presentation.

For more great TED Talk content:

[https://www.ted.com/playlists/574/how\\_to\\_make\\_a\\_great\\_presentation](https://www.ted.com/playlists/574/how_to_make_a_great_presentation)