**Presentation Skills 2 – Practice and Delivery**

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| **Skills that this session will develop:**  **Applications and Interviews, Research** |
| **By the end of this session the mentee will be able to:**   * **Demonstrate improved communication and research skills** * **Deliver an engaging presentation** |

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| **Session Preparation:** |
| *Presentation brief: In no more than five minutes, explain an idea or theory from one of your A-level subjects that inspire you. Only one presentation slide can be used.*  Mentee and mentor to watch a short video on presentation skills: <https://www.youtube.com/watch?v=hI9kJuWEuIo>    Mentee to prepare a short presentation in order to practise their skills with their mentor. Mentee can refer to ‘Top tips’ below in preparation for this. |

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| **Session Plan:** |
| *Mentor and mentee to discuss the video that they watched in preparation for this session.*  *Did either of you learn anything you did not know before?*  *Ask the mentee to present their prepared presentation while the mentor times it. What was good about the presentation and how could the mentee improve?*  *The best way to become better at presentations is to practice. So after reviewing the first time, ask the mentee to present their presentation again.*  Elements to consider when presenting are **VISUAL**, **VOCAL** and **VERBAL**.   * **Visual** – appearance, standing position, body language, gestures, facial expression, eye contact, and visual aids. * **Vocal** – volume, pace, tone, pausing, emphasis, pitch, rhythm, projection. * **Verbal** – what you actually say (words, expressions), sentence length and structure, being concise, power talk, language that brings ideas to life, avoiding fillers.   Presentations can be divided into 3 sections – introduction, middle and the conclusion. Ensure your presentation has those 3 distinct sections.  **Top tips**   * Practice your presentation to someone you know, beforehand or in front of a mirror and ensure it is the correct length of time that has been advised. * Try calm your nerves by taking some deep breaths before you present. * Show your passion and connect with your audience by being yourself. * Focus on your audience’s needs – you need to make it easy for your audience to understand and respond. * Keep it simple – concentrate on your core message. * Smile and make eye contact with your audience – build rapport which will help the audience to connect with you. * Start strongly – the beginning of your presentation is crucial, you need to grab your audience’s attention and hold it. * Tell stories – bring the examples you are using to life through stories. * Use your body language and voice effectively – three quarters of communication are non-verbal so make sure you have positive and engaging body language. * Don’t let your visual images detract from what you are saying, they need to compliment your presentation. Your slides should not have too much writing or be distracting for the audience. * Relax, breathe and enjoy your presentation.   For more great TED Talk content:  <https://www.ted.com/playlists/574/how_to_make_a_great_presentation> |